

Helen Dixon  
Data Protection Commissioner  
Data Protection Commission  
Canal House  
Station Road  
Portarlinton  
R32 AP23 Co. Laois  
Ireland

By email only: [info@dataprotection.ie](mailto:info@dataprotection.ie)

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Dear Ms Dixon,

Re: How tech companies nudge users into choosing the less privacy friendly options

We would like to bring to your attention a report published on 27th June by the Norwegian Consumer Council which examines the information and consent “pop-ups” that Microsoft, Google and Facebook presented to their users as part of the implementation of the General Data Protection Regulation (GDPR).

The conclusion of the report, entitled “Deceived by Design”, is that whilst these “pop-ups” provided users with more granular choices regarding consent to uses of their personal data, companies employed numerous tricks and tactics to nudge or push consumers toward giving consent to sharing as much data for as many purposes as possible. These include privacy-intrusive default settings, giving users an illusion of control, dark patterns such as hiding away privacy-friendly choices, and take-it-or-leave-it choices.

A key aim of GDPR is to protect the personal data of individuals and to strengthen individuals’ control and rights over their data. However, the findings of the report indicate how the approach of the companies takes away agency from individuals - nudging them towards the less privacy friendly options.

The practices highlighted in this report raise several issues, including in terms of these companies’ obligations under GDPR and the use of practices that could potentially be considered unfair under consumer protection legislation.

In particular, we question how the processing of personal data in this context complies with the following requirements of GDPR:

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(1) The data protection principles of transparency, purpose limitation and data minimisation (Article 5 GDPR). Individuals are not being given the full picture and the notifications have been designed in such a way as to “hide” important information from them and nudge them into giving consent to the use of as much data as possible for a wide range of purposes.

(2) The lawful basis for processing (Articles 6 and 9) in particular consent (Article 7). Many of the prompts covered in the report appear to be relying on consent as a legal basis for processing. However, the practices deployed by companies raise questions as to whether consent in this case can be considered informed and freely given.

(3) Data protection by design and by default (Article 25). Contrary to the requirements of this principle, the design and operation of the “pop-ups” as described in the report make it difficult for individuals to protect their personal data, nudging them towards more data sharing and with (hidden) default settings being set to options that are not the most privacy friendly ones.

We hope that you will share our concerns about the practices highlighted in this report and kindly request that you work with other data protection supervisory authorities to investigate these issues more in depth. Together with BEUC, Consumers International and other consumer protection groups, we have brought the report to the attention of EDPS, EDPB and other national data protection authorities.

The report sheds light on the approach of three of the world’s largest technology companies based in Ireland, who process billions of people’s data. There is the added risk that where these companies lead (or in this case fail to lead) others will follow.

We look forward to hearing from you.

Yours sincerely,



Gus Hosein  
Executive Director  
Privacy International



Finn Lützw-Holm Myrstad  
Head of section, digital services and electricity  
Norwegian Consumer Counsel